

OHIO LIVING VIVO CENTER | OCTOBER 2023

234.232.7221

**WEEKLY
ACTIVITIES**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 9:30 Wellness Walking</p> <p>2:00 Tai Ji Quan</p>	<p>3 10:00 Tech Corner</p> <p>11:00 Scrabble</p> <p>1:00 Hand & Foot</p> <p>1:00 Party Bridge</p>	<p>4 9:00 Wood carvers</p> <p>2:00 Tai Ji Quan</p>	<p>5 9:30 Walk with a Doc</p> <p>Southern Park Mall</p> <p>11:00 Line Dancing</p> <p>1:00 Dominos</p>	<p>6 1:30 YSU Fitness</p>
<p>9  10:00 Stress Management</p> <p>2:00 Tai Ji Quan</p>	<p>10 10:00 Tech Corner</p> <p>11:00 Scrabble</p> <p>1:00 Hand & Foot</p> <p>1:00 Party Bridge</p>	<p>11 9:00 Wood carvers</p> <p>2:00 Tai Ji Quan</p>	<p>12 10:00 Veterans Voice</p> <p>11:00 Line Dancing</p> <p>1:00 Dominos</p>	<p>13 10:30 Lunch & Learn</p> <p>Medicare 101</p> <p>Presented by First Ins. Grp.</p> <p>1:30 YSU Fitness</p>
<p>16 9:30 Wellness Walking</p> <p>2:00 Tai Ji Quan</p>	<p>17 10:00 Tech Corner</p> <p>11:00 Scrabble</p> <p>1:00 Hand & Foot</p> <p>1:00 Party Bridge</p>	<p>18 9:00 Wood carvers</p> <p>2:00 Tai Ji Quan</p>	<p>19 10:00 Living Well</p> <p>Boardman Park</p> <p>Sponsored by EvoSure LTC Ins.</p> <p>11:00 Line Dancing</p> <p>1:00 Dominos</p>	<p>20 10:00 Living Well</p> <p>Youngstown VC</p> <p>Sponsored by Park Vista</p> <p>1:30 YSU Fitness</p>
<p>23 10:00 Prostate Cancer Support</p> <p>2:00 Tai Ji Quan</p>	<p>24 10:00 Tech Corner</p> <p>10:00 Living Well</p> <p>Petersburg</p> <p>11:00 Scrabble</p> <p>1:00 Hand & Foot</p> <p>1:00 Party Bridge</p>	<p>25 9:00 Wood carvers</p> <p>2:00 Tai Ji Quan</p>	<p>26 10:00 Art & Brunch at the Butler</p> <p>11:00 Line Dancing</p> <p>1:00 Dominos</p>	<p>27 9:30 Wellness Walking</p> <p>1:00 Dominos</p>
<p>30 9:30 Wellness Walking</p> <p>2:00 Tai Ji Quan</p>	<p>31 10:00 Tech Corner</p> <p>11:00 Scrabble</p> <p>1:00 Hand & Foot</p> <p>1:00 Party Bridge</p>			<p>Friday</p> <p>1:30 YSU Fitness</p>

Please call in advance to sign-up or make reservations for all programs and events.
234-232-7221
 Events are subject to change
 No Walk-ins permitted